

Sunday

11:00AM **Serenity Group**
1 hr. mtg. Change on Hamilton
BT, JFT 927 Hamilton St
O, 11th ST Allentown, PA
– Zoom 3223409672
PWD 431542

12:00PM **Sunday Steps & Traditions**
O,ST,TD Nurses College
☪ 1662 Chew St
Allentown, PA

6:00-7:30PM **One Disease One Program**
ST, TR JFT Salem United Methodist Church
SM, IP,CC 1067 Blue Mountain Dr.
Danielsville PA

6:00PM **Courage to Change**
C Cedar Church
ST,TR,SP 3419 Broadway
Allentown, PA

7:00PM **C.A.R.E.N.A.**
O,ST,TR 1213 Chew St.
SP,BT,LC, Allentown, PA
IP (park & enter in rear)

7:00 PM **Sunday Night Macungie**
O Grace Lutheran Church
ST,TR,SP 28 West Main St
Macungie, PA

Monday

12:00PM **Midday Miracles**
O, BL,ST St. Johns UCC
IW, BE 36 South 6th St
☪, Allentown, PA

7:00PM **The Journey Continues**
O,BT,JFT Presbyterian Church
210 Pine St
Catasauqua, PA

7:00PM **No Fear Group**
O, ST, TR Christ Fellowship Church
SP, JT 1213 Chew St
Allentown, PA

7:00PM **Serenity Monday Nights**
1hr.15 mtg. St. Peter’s Evangelical Church
ST/TR/SP 1933 Hanover Ave
JFT,IP/SP Allentown, PA
LC,CC

7:30 PM **Lehighon Group of NA**
O/ST/SP Ebenezer United Methodist Church
TD/CC/BT 119 S. 3rd Street
BEG Lehighon, PA

6:30-8:00 PM **Growth Through Change**
O,ST,TR St Johns UCC
CC,LC, 36 South 6th St
JT Allentown, PA

7:30PM **Surrender Or Die**
1hr mtg. Calvary Baptist Church
O 4601 W. Tilghman St.
Allentown, PA

Tuesday

12:00PM **Midday Miracles**
O, BE, ST St Johns UCC
BL, BT 36 South 6th St
☪, Allentown, PA

6:00PM **Faith First**
1 hr. mtg. Emmaus Moravian Church
Ft, LC, C 146 Main Street
Emmaus, PA

6:30-8PM **Living the Solution**
O Change on Hamilton
ST,TR,SP 927 Hamilton St
Allentown, Pa
Zoom 902755881
PWD 567344

7:00PM **We Do Recover**
O, Tribeca Building
JFT 315 Linden St
Allentown, Pa

7:00PM **One Disease One Program**
C, CW Zion Lutheran Church
ST,TD, 1904 Main St.
SP, Northampton, PA

Wednesday

12:00PM **Midday Miracles**
O, CC, St Johns UCC
BE, BL,SP 36 South 6th St
☪, BT Allentown, PA

6:15-7:15 PM **Spirit of Recovery**
O Change on Hamilton
927 Hamilton St
Allentown Pa

6 - 7:30 PM **C.A.R.E.N.A.**
O,ST,TR 1213 Chew Street
SP,BT,LC Allentown, PA
IP **(Park & enter in rear)**

7:00PM **Against All Odds**
O, BT Salam United Church
CW 615 3rd St
Catasauqua, Pa

7:00PM **Sunday Night Macungie Group**
OPEN, STEP
WRITTING Church of Good Shepherd
135 Quarry Road & Alburdis Road
Alburdis Pa

7:00PM **Time to Change**
O,ST Tribeca Building
315 Linden St
Allentown, Pa
Zoom 84557627930
PWD 18102

Thursday

12:00PM **Midday Miracles**
O, BL, BT St Johns UCC
BE, JFT 36 South 6thSt
Allentown, PA

6:00PM **A Fresh Start**
O,CW,JFT Change on Hamilton
927 Hamilton St
Allentown Pa

7:00PM **Conscious Contact**
O, ST, TR Horizon Church
LC, BT 2613 W. South St.
Allentown, Pa

7:00PM **Restore to Sanity**
ST,TR,SP Living Hope Lighthouse
CH,BT,IP 705 3rd St
JFT,CC Palmerton, PA

7:00-8:15PM **Vision of Hope**
O, ST, JFT Recovery on Main
TR, LC 1830 Main St
SP, CC Northampton, PA

7:30PM **W.A.C.P.A.C.**
O Faith Presbyterian
ST/SP, IP 3002 North 2nd St
JFT, LC, ☪ Emmaus, PA

6.00-7:30PM **A Spiritual Journey**
O, CW St. John’s United Church of Christ
WC, WM 36 S. 6th Street
Allentown, PA

7:30-8:30 PM **Higher Power**
1hr. O,ST Grace UCC Church
TR,SP,TD, 623 Cleveland St.
CC, &LC-☪ Allentown, PA

Friday

12:00PM **Midday Miracles**
O, BL, TR St Johns UCC
JT SP BE 36 South 6th St
☪ IW Allentown, PA

7PM-8:15PM **Random Recovery**
O,T St. John’s United Church
☪ 1027 Church Street
Fogelsville, PA

7:00PM **Principles Before Personalities**
C,ST/SP Change on Hamilton
JT/SP, CT 927 Hamilton St
Allentown, PA

7:30PM **West Side Friday**
(1hr meeting) Evangel Fellowship
O,VAR 527 N Saint Lucas St
Allentown, Pa

Saturday

10:30AM **Courage to Change**
O Cedar Church
BE,ST 3419 Broadway
Allentown, PA

7:00PM **Prime Time Saturday Night**
O,ST TD Tribeca Building
WC, SP 315 Linden St
Allentown, Pa

7:00PM **No Opinions**
O, ST,SP Nurses Collage
LC, WC 1662 Chew St
Allentown, PA

12PM-1PM **Solo Por Hoy**
O/S Tribeca Building
315 Linden St.
Allentown Pa.

Updated 1/31/2023

The Twelve Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all of our affairs.

Meeting Key:

O=Open meeting, all are welcome
C=Closed meeting, addicts only please
CT=California Tag CL=Candlelight
ST=Step BT=Basic Text
TR=Tradition IP=Info Pamphlet
SP=Speaker JT=Just for Today
IW=It Works How & Why LC= Living Clean
PS=Personal Stories MT=Meditation
SG=Step Working Guide WR=Writing
AK=Ask it basket TT=Tag Topic
TD=Topic Discussion BE=Beginner's

♿=Handicap access BL=Bi-Lingual
CC=Chair's Choice LD=Lit Discussion
FB=Flat book CH=chapter
WM= Women Meeting

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

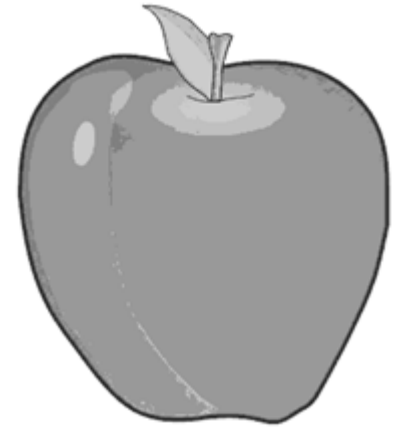
N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about our problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Phone Numbers

Meeting List



Little Apple Area Of Narcotics Anonymous

24-hour Help Line
610-439-1998
L.A.A.N.A.
P.O. Box 4475
Allentown, PA 18101
Littleapplena.com
www.NA.org

Call us before you use!