Help Line List

Lock Haven area

1-800-479-1563

Po box 295 Lock Haven pa 17745

Williamsport area

(570)-327-2678

Wilkes-Barre - Beehive area

(866)-935-4762

Harrisburg- Capital area

(717)-233-3733

Lewisburg- Central Susquehanna valley area

(877)-501-1246

Cumberland Valley MD/PA and

Gettysburg-Mason Dixon area

(800)-445-3889 and (717)-642-3733

Lancaster county area

(717)-393-4546

Lebanon valley area

(717)-277-7500

Allentown- Little Apple area

(610)-439-1998

Stroudsburg- Pocono Mountains area

(570)-421-6618

Reading area

(610)-374-5944

Hazleton- Serenity in the Mountains area

(800)-397-3680

State College area

(800)-494-2500 & (814)-237-5855

York area

(717)-848-9988

Lock Haven Website

www.lockhavenareaofna.org

Mid Atlantic Region

http://www.marscna.org/

World Service Office

http://www.na.org/

Lock Haven Area of Narcotics Anonymous

Haven of Hope



Fall 2021'

Suggestions for the Newcomer

Ways to stay clean!

Don't use no matter what.

Attend 90 meetings in 90 days.

Get a sponsor and follow his/her suggestions.

Pray in the morning for strength and at night for thanks.

Stay away from all people, places, and things.

Help another addict.
Use your phone list!

Phone Numbers

Name: ____

Sunday

7pm-8pm Open **Lock Haven**United Evangelical Lutheran Church (basement)
104 West Church & 1st St (behind KFC)
Recovery Works Home Group

Monday

7:30pm-8:30pm Open **Jersey Shore** St. John Lutheran Church 229 South Broad St No Excuses

Tuesday

7:30pm-8:30pm Open **Castanea**Big Woods Bible Church
241 S Hannah St
Welcome Home Group

Wednesday

7:30pm-8:30pm Open **Jersey Shore** St. John Lutheran Church 229 South Broad St No Excuses

7pm-8pm Open **Renovo** Renovo Salvation Army 137 3rd St Recovery In Renovo

Thursday

7pm-8pm Open **Lock Haven**United Evangelical Lutheran Church (basement)
104 West Church & 1st St (behind KFC)
Recovery Works Home Group

Friday

7pm-8pm Open Lock Haven Great Island Pres. Church 12 Water St (behind post office) Gift of Recovery Group

Saturday

11am- 12pm Open Castanea Big Woods Bible Church 241 S Hannah St No longer a choice!

7pm-8pm Open Lock Haven Great Island Pres. Church 12 Water St (behind post office) Gift of Recovery Group

{MEETING CODES}

Closed= Addicts only
Open= Public welcome
Beg= Beginners
BT= Basic text
CC=Chairs Choice
CW= Children welcome
D=Discussion
GB= Grab Bag

HW= It Works How and Why IP= Info Pamphlet
JFT= Just for today

LC= Living Clean Book
Lit= Literature
NAW= NA Way

Sp= Speaker St= Step Top= Topic Tr= Tradition Var=Varies

W= Women

WAIT=Where am I today

WC= Wheel chair Grey= Changes